

# Urine Sample Collection Instructions

For the UTI Test

**Please note: Samples should be shipped the day they are collected. If absolutely necessary urine samples can be placed in the refrigerator and shipped the next day.**

## Step 1: Specimen Collection

1. Complete the NxGen MDx Urogenital Pathogens Test Requisition Form (TRF).
2. **Write patient's name and date of birth on the vacuum-sealed tube** or use the provided labels on the bottom of the TRF.
3. Clean the urethral opening with the included castile soap towlette. Wait until shortly after beginning urination to move the collection cup under the stream. Fill the cup to the line or slightly above, replacing the lid on the collection cup when finished.
4. Take the vacuum-sealed tube and insert the top of the tube into the hole on the lid of the urine collection cup.
5. Pierce the top of the tube with the needle in the lid of the collection cup by pressing down firmly.
6. When pierced, the urine should flow into the tube easily.
7. Pull the tube out of the hole in the collection cup.
8. Dispose of the collection cup and remaining urine as normal. **Do NOT ship the collection cup.**
9. **IMPORTANT: The needle in the urine collection cup is extremely sharp. Make sure to safely dispose of it.**

## Step 2: Preparing Specimen Shipments

1. Place the tube containing the patient's sample and the included absorbent material into the biohazard bag.
2. Include the TRF, complete with patient information, inside the biohazard bag or the bag's outer pocket.
3. Seal the bag by removing the sealing film.
4. Courier Pickup: If you have a regular courier pickup or have scheduled one with NxGen MDx, please place the biohazard bag(s) in your normal courier pickup receptacle. **Do not freeze.**
5. Mailing with FedEx: Place the sealed biohazard bag(s) in the foil/ambient pack combo and place back into the NxGen MDx collection kit. Place the collection kit into the included prepaid FedEx Clinical Mailer bag and seal it. Place the bag in your normal pickup location. If you don't have a regular FedEx pickup, call **800-GO-FEDEX (800-463-3339)** to schedule one at your address. **Press "o"** and indicate that you are shipping with a prepaid air bill.



Vacurette Urine Collection Kit

### IMPORTANT

- Labeling is required by the Department of Transportation for all human samples.
- The inclusion of absorbent material in the shipping bag is required by the Department of Transportation for all specimens.
- Samples are viable for 24 hours at ambient temperatures and 48 hours if refrigerated.