

Saliva Sample Collection Instructions

Step 1: Specimen Collection

1. Complete NxGen MDx Genetic Test Requisition Form (TRF).
2. Patient should rinse mouth with water and wait for 10 minutes.
3. Have patient pour 25mL of provided Scope mouthwash into the sterile conical tube by filling the tube up to the line marked "25".
4. Have patient swish the Scope vigorously in their mouth for a full 60 seconds.
5. At the end of 60 seconds have the patient collect the used mouthwash into the conical tube. Securely tighten the cap.
6. Use the labels attached to the bottom of the TRF to properly label the tube with patient's name and date of birth. Apply the sticker to the Collection Tube containing the sample.

Step 2: Preparing Specimen Shipments

1. Place the sample tube containing the patient's mouthwash sample and the included absorbent material into the biohazard bag.
2. Include TRF, complete with patient information, inside the biohazard bag or the bag's outer pocket.
3. Seal the bag by removing the sealing film.
4. Courier Pickup: If you have a regular courier pick up or have scheduled one with NxGen MDx, please place the biohazard bag(s) in your normal courier pickup receptacle. **Do not freeze the sample(s).**
5. Mailing with FedEx: Place the sealed biohazard bag(s) in the foil/ambient pack combo and place back into the NxGen MDx collection kit. Place the collection kit into the included prepaid FedEx Clinical Mailer bag and seal it. Place the bag in your normal pickup location. If you don't have a regular FedEx pickup, call **800-GO-FEDEX (800-463-3339)** to schedule one. **Press "0"** and indicate that you are shipping with a prepaid air bill.



Mouthwash Kit

IMPORTANT

- Labeling is required by the Department of Transportation for all human samples.
- The inclusion of absorbent material in the shipping bag is required by the Department of Transportation for all specimens.